



The following programs are available free of charge to G&A Partners clients and their employees.

Employee Assistance Program (EAP)

Unum's EAP program offers help via phone, in-person sessions and/or online resources to cope with short-term problems, including:

- **Family:** Counseling, child care, divorce
- **Health:** Addiction, health habits
- **Money:** Budgeting, debt, retirement
- **Work:** Career, work relationships

Visit www.lifebalance.net (username: lifebalance; password: lifebalance) to view online resources and tools or call 1-800-854-1446 to speak with a masters' level consultant.